

CODE OF CONDUCT FOR PARENTS/CARERS INVOLVED IN ROWING

Parents/carers should recognise the rights of their children.

Parents/carers should:

- ensure that their children have fun when practicing, training and competing in rowing
- promote the health, safety and well being of children first and foremost
- not over-emphasise winning
- listen to, respect and take into account children's views about participation, and recognise their right to determine their participation
- encourage their children to participate for their own intrinsic enjoyment, not for the enjoyment or ambition of their parents
- encourage their children to take responsibility for their own actions, performance and behaviour
- not force children to participate in the sport
- not allow their children to compete when ill or injured.

Parents/carers should encourage long term participation in rowing.

Parents/carers should work with the club and/or coach to:

- ensure that the level and type of participation is appropriate to their child's stage of development
- encourage children to play and experience a broad variety of sports, particularly younger children
- promote individual progress, skill and development before winning in age group competition, to help promote long term participation of children in the sport
- avoid placing undue pressure on their children
- ensure that the ability and performance of their child in sport is not excessively linked with their own perceptions of self worth.

Parents/carers should support their child's involvement in training, events and competitions.

Parents/carers should:

- not force their child to take part in the sport
- encourage their child's effort
- be willing to become a member of the club
- be aware of club codes of conduct
- be aware of the club's Welfare Officer
- be aware of the club, competition or event's policies and procedures to ensure the safety of children and others
- provide consent for their child to participate in training, competition and events
- ask about the club's policy for recruiting coaches and officials working with children and vulnerable adults
- inform the coach of individual needs of the child that may affect their participation, including medical conditions or illness
- discuss the requirements of the sport and the nature and duration of the coaching relationship with coaches, at an agreed time and place.
- provide their children with equipment to suit the conditions, i.e. clothing suitable for cold/warm weather, a water bottle, and sunscreen.



DERWENT ROWING CLUB



- receive information from the coach about the schedule of the programme of training and the rationale behind the activities
- assist clubs to care for their children
- make arrangements to collect their child promptly at the end of sessions at the agreed time.

Parents/carers should be a good role model at club competitions and events

Parents/carers should:

- encourage their child to accept all individuals and not to discriminate on the basis of their ability, gender, race, religion etc.
- act in a sportsmanlike way when supporting and spectating
- use correct and proper language at all times
- be encouraging towards their children and others
- accept that errors are an important part of learning and not condemn children for making them
- respect officials of the club, event or competition and other participants, supporters and parents
- act with respect for the decisions of officials and coaches, and without criticism
- not swear at, yell at, or chastise children, officials, coaches, or others
- raise any concerns they have about a child or coach, or their behaviour, as soon as possible with the appropriate designated person at the club or event
- encourage children to follow the rules of events and competitions and to adhere to British Rowing guidelines
- not coach their children at training and competition, unless agreed with the designated coach
- avoid smoking or consuming alcohol whilst supporting.

Revision History

Version	Date	Changes
1.0	August 2016	First Issue

British Rowing Supporting Documents

Title	Version	Date
Safeguarding and Protecting Children Guidance WG1.4 – British Rowing Code of Conduct	-	August 2010